



**WESTERN  
MICHIGAN  
UNIVERSITY**

**ALPHA LAMBDA DELTA**

**FALL 2022 – SPRING 2023**



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# WHY JOIN?

ALD helps develop leadership, professional, teamwork, and communication skills.

ALD provides opportunities to participate in campus and community programming that will extend your experience as a student at WMU.

ALD actively gives back to the campus and community of Kalamazoo through volunteering.

ALD offers scholarships and awards to highly achieving members.






# REFUGEE FOCUS

This year at ALD, we made sure to include many opportunities to offer support to refugees, such as our donation drives. A member of our very own chapter spoke at an ALD leadership summit about his experience as a refugee.



**ALD's Leadership Summit**  
Sunday, September 18  
4-7pm ET / 3-6pm CT / 2-5pm MT / 1-4pm PT  
Virtual, Free, Open to All Members

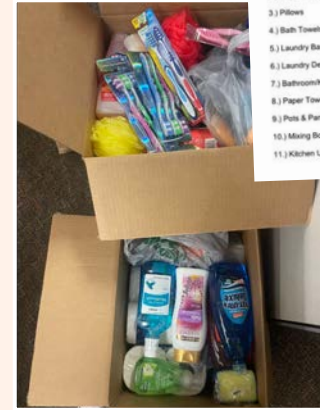
**Keynote: Refugees & How To Help**



**Zabi Najafi**  
ALD Member, Afghan Refugee,  
& Refugee Advocate  
Western Michigan University

Join Zabi as he shares his powerful journey as a refugee, explains why it is important to help refugees, and inspires the audience with how best to help others.

*Zabi (he/his)*



- Samaritas**
- Household Items Needed for Refugees:**
- 1.) Blankets
  - 2.) Crib, Twin, Full, & Queen Sheets
  - 3.) Pillows
  - 4.) Bath Towels
  - 5.) Laundry Basket
  - 6.) Laundry Detergent
  - 7.) Bathroom/Kitchen Cleaner (Dish soap, All-Purpose Cleaner, Sponges, etc.)
  - 8.) Paper Towel
  - 9.) Pots & Pans
  - 10.) Mixing Bowls
  - 11.) Kitchen Utensils (spatula, can opener, ladle, etc.)



# MEET THE EBOARD



**ASHLEY DITTMAR**

**PRESIDENT**

**Year:** Senior

**Major:** Student Planned,  
Chemistry and Medical  
Humanities Minor



**LINDSEY BECK**

**VICE-PRESIDENT**

**Year:** Junior

**Major:** Arts Administration,  
Nonprofit Administration Minor



**AQDAS KHAN**

**SECRETARY**

**Year:** Senior

**Major:** Behavioral Sciences

# MEET THE EBOARD



**SETH BYRNE**

**TREASURER**

**Year:** Junior

**Major:** Biochemistry



**JADA SMITH**

**SENIOR ADVISOR**

**Year:** 5th Year

**Major:** Biomedical Science,  
Psychology Minor



**ADAM FOOTE**

**WEBMASTER**

**Year:** Junior

**Major:** Mechanical Engineering

# MEET THE EBOARD



**SYDNEY CHEN**

**VOLUNTEER  
COORDINATOR**

**Year:** Senior

**Major:** Biomedical  
Science, Chemistry +  
Political Science Minor



**DAVID LE**

**VOLUNTEER  
COORDINATOR**

**Year:** Junior

**Major:** Nursing



**TRISTEN WESENBERG**

**VOLUNTEER  
COORDINATOR**

**Year:** Senior

**Major:** Exercise Science



# MEET THE EBOARD



**NANCY CHAU**

**PUBLIC RELATIONS**

**Year:** Junior

**Major:** Biomedical



**KELLY ENGLER**

**HISTORIAN**

**Year:** Sophomore

**Major:** Graphic Design,  
Marketing + User Experience  
and Human-Computer  
Interaction Minor



**ADALINE BIRD**

**RECRUITMENT OFFICER**

**Year:** Senior

**Major:** K-8th Mathematics

**ANTHONY  
HELMS  
FACULTY ADVISOR**



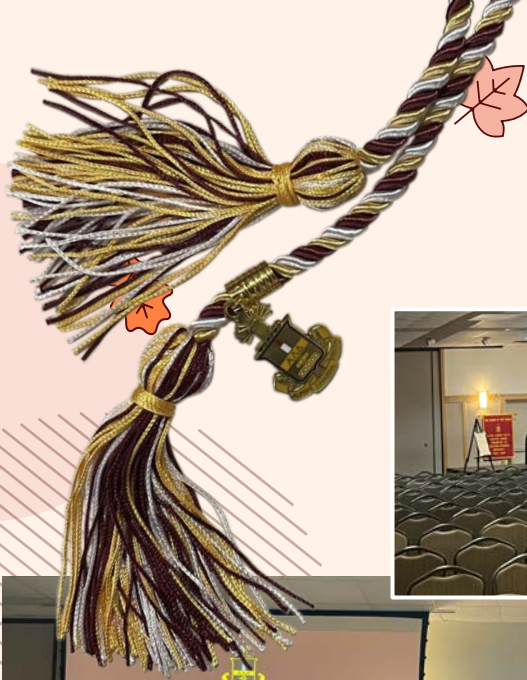
# OFFICE HOURS

Our office hours are a great way to connect with our eboard and to find answers to all your ALD related questions!

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00	Jada				
9:00-9:30	Jada		Jada		
9:30-10:00		Ashley/Lindsey	Jada		
10:00-10:30	Aqdas	Ashley/Lindsey			
10:30-11:00	Aqdas			Ashley/Lindsey	
11:00-11:30	David			Ashley/Lindsey	
11:30-12:00	David				
12:00-12:30	David				
12:30-1:00	David				
1:00-1:30			Adam		
1:30-2:00			Adam		
2:00-2:30			Adam		
2:30-3:00			Adam		
3:00-3:30			Seth		
3:30-4:00		Kelly	Seth		
4:00-4:30		Kelly	Seth		
4:30-5:00	Aqdas	Kelly	Seth		
5:00-5:30	Aqdas	Kelly			
5:30-6:00	Tristen	Sydney			
6:00-6:30	Tristen	Sydney			
6:30-7:00	Tristen	Sydney	Addy	Nancy	
7:00-7:30	Tristen	Sydney	Addy	Nancy	
			Addy	Nancy	
			Addy	Nancy	


# INDUCTIONS

Glad to be back with in-person inductions!



### Point System

- Goal: 10 ALD points total over 4 years!
- 3 points this semester
- 5 points in Fall 2023
- 2 points in Spring 2023
- Get 10 points? You get free graduation cords!
- Answer...



...awesome experiences

### Trow Undergraduate Scholarship

- The National Council offers 50 Jo Anne J. Trow Undergraduate Scholarships.
- \$1,000 to \$6,000 each.
- Current application offered to students who are ALD from January 1st to December 31, 2022.
- ALD from January 1st to December 31, 2022.
- We can submit 3 applications to nationals. The nationals is April 1, 2023.
- Application includes short answers, essays, and recommendation.

### Agenda

- Address
- Chapter History
- Point System
- National and Chapter Awards Scholarships

### Alpha Lambda Delta Honor Society

Spring 2023 Induction Ceremony



# FALL EBOARD MEETINGS



## ALD Meeting on the day of 10 November 2022

1. ROLL CALL at 2pm
  - a. Take roll
2. OFFICERS REPORTS
  - a. President
    - o GA meeting 11/21 - articulating ALD for your resume
    - o Housekeeping items: point donation, upcoming volunteer opportunities, etc.
    - o Theme?
    - o Have we been entering drive and fundraiser points?
      - o Is someone driving the Samaritas stuff across the state?
      - o **Tressen or Kelly**
    - o M&M - people who went to Gull Meadow Farms, Madeline Smith (big point earner)
    - o Gifts?
    - o What do we have to update members about this week?
      - o **Old fundraiser**
      - o **KIA**
      - o **Turkey Trot**
      - o **Hobby Parade**
  - b. Vice-President
  - c. Treasurer
  - d. Recording Secretary
3. STANDING COMMITTEE REPORTS
  - Volunteer Coordinator:
    - o Maple street magnet school looking for classroom-wide app tasks - volunteer opportunity
    - o Email [raibee@kalamazoo.org](mailto:raibee@kalamazoo.org)
    - o Kalamazoo Institute of Arts looking for volunteers on 11/17 for check-out
    - o Holiday Art Sale at Kirk Newman Art School
    - o Danice Marathon fundraiser at Mencher's Frozen Yogurt 11/20 PM on 11/17
    - o How has Samaritas donations been working out for everyone?
      - o Is anyone willing to drop off trash at **8121 E Jefferson Ave** 11/17?
      - o **48214** during Thanksgiving break?
    - o Weekly newsletter could remind people about volunteering for holidays and turkey trot 11/19?

## ALD Meeting on the day of 26 October, 2022

1. ROLL CALL at 2pm
  - a. Take roll
2. OFFICERS REPORTS
  - a. President
    - o Conferral
      - o Articulating ALD leadership for your resume
      - o Ideas to look for other partners
      - o ALD club structure lessons
      - o Having member present job for a GA meeting later
      - o MDDG benefits for food drive
      - o ALD at friends for house fire events
      - o Point mission for food
      - o Weekly newsletter
      - o Committee proposal events, volunteer point events, GA meeting updates, office hour events, etc.
      - o Find ways to add new sub-committees for volunteer events GA meeting
    - o Pictures for annual social media are in the new pictures folder in the drive
    - o Meet other volunteer authors working on bookng balloons
    - o Create social banner for no drivers
    - o City Climate poster?
  - b. Vice-President
    - o Conferral attendees
      - o Have something to do after meetings
      - o Bring back number of the month & board member of the week?
      - o **Member of the month**
      - o Help someone right (bring books, board games, etc. before)
      - o Help someone
      - o Include a social post with our pictures?
      - o **Good job on PM**
  - c. Treasurer
    - o How do we do it right?
    - o Around the world in 8 days Paratour, 5 members points

# FALL GENERAL ASSEMBLY MEETINGS

## SEPTEMBER

RSO Open House



## OCTOBER

Gull Meadows



# FALL GENERAL ASSEMBLY MEETINGS

## NOVEMBER

ALD Resume Building



Reminder  
Meeting is today!

Alpha Lambda Delta (ALD)  
November General Assembly  
meeting

When: November 21st, 2022 @ 7pm  
Where: Lee Honors College Lounge

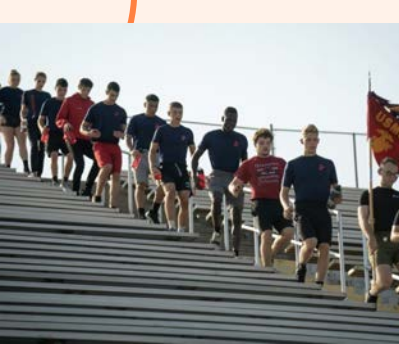
Come join us to hear about important  
updates from ALD!



## DECEMBER

Finals Study Session





Silent March for 9/11



Maple Hill Parade  
Volunteering



Blaze Pizza  
Fundraiser

# FALL SERVICE EVENTS



Volunteers  
are needed  
at different  
time slots!!

Earn  
ALD  
points

Make a  
difference!

## SUICIDE PREVENTION WALK

Help us save lives.

Time & Location

Sep 24, 9:00 AM

Bronson Park, 200 S Rose St, Kalamazoo, MI



**"UNIDOS: Inclusivity for a strong future"**  
A WMU-Woods Lake Elementary Comm

Work with K-5 students on learning projects that celebrate  
Latinx culture.

Sign up to volunteer using QR code or link:  
<https://forms.gle/ZrPqxVMmCbBvQ3Rw9>



## Sign up to volunteer at the Kalamazoo Scottish Festival!

When: 9/9 and 9/10 with various 2 hours of volunteering =  
different time-blocks 1 ALD point!  
Where: Kindleberger Park in  
Parchment



# SPRING EBOARD MEETINGS

## ALD Meeting on the day of 1 March, 2023

1. ROLL CALL at 7pm
  - a. Take roll.

### 2. OFFICERS REPORTS

- a. President
  - Thank you for your work at induction!
  - Just keep paper list of names in SOC for
  - March GA meeting will be March 13
  - Trow Scholarship due March 15 @ K

- b. Vice-President
  -

- c. Treasurer
  - Shirt Quotes (100 S, 200 M, 150 L)
    - 4Imprint: \$4,675
    - Custom Ink: \$5,470 (for 150 shirts)
    - BP Quality: \$5,300 (for 150 shirts)
  - (working on getting the old image)
  - Do we have the old image?

- d. Recording Secretary
  -

### 3. STANDING COMMITTEE REPORTS

- Volunteer Coordinator:
- David: Is there a list of names whose names we should be looking for?

#### Public Relations

- a. Recruitment
  -
- e. Webmaster
  - Similarly to last year?

## ALD Meeting on the day of 8 February 2023

1. ROLL CALL at 2pm
  - a. Take roll.

### 2. OFFICERS REPORTS

- a. President
  - No Stemler applications yet
  - Ballroom booked 12-5 for induction (event from 2-4), 284 acceptances so far, no parents in person, plan on rehearsal Sunday morning (2/19)
    - Will be livestreamed
    - Speaking parts will be assigned
  - Open positions to advertise thus far: treasurer, secretary, 2 volunteers
  - GA meeting: Feb 27 - housekeeping
  - Anthony working on being 2FA manager
  - We usually get a meal for hard work
  - Restaurant preferences?

- b. Vice-President
  -

- c. Treasurer
  - Paid for induction booking this afternoon

- d. Recording Secretary
  -

### 3. STANDING COMMITTEE REPORTS

- Volunteer Coordinator:
- 

#### Public Relations

- a. Recruitment
  -

- e. Webmaster
  - For Induction: How would we like to split up speaking roles?
  - each talk about? Will we use the same slideshow format as last year?

- f. Historian
  - We'll

## ALD Meeting on the day of 12 April, 2023

1. ROLL CALL at 7pm
  - a. Take roll.

### 2. OFFICERS REPORTS

- a. President
  - How was card handouts so far?
  - New password for email and 2FA - see password doc
  - Interviews for e-board tonight! Last meeting will be explaining your position to the person taking over your position
    - Would it be better to do this meeting the week after finals?
  - No
  - GA meeting - study night 4/17 at 7pm
    - Using cottage inn gift card
    - 4 pizzas?

- b. Vice-President
  -

- c. Treasurer
  - T-shirt sample order (50 M) ordered from 4Imprint (cheapest quote)
    - Expected to arrive 4/20/23
    - Can evaluate the quality, printed design, etc. and then place the full order
  - Ordered 300 new graduation cords

- d. Recording Secretary
  -

### 3. STANDING COMMITTEE REPORTS

- Volunteer Coordinator:
- 

#### Public Relations

- a. Recruitment
  -

# SPRING GENERAL ASSEMBLY MEETINGS

Reminder  
Meeting is today!

Alpha Lambda Delta (ALD)  
January General Assembly  
meeting

When: Jan 23rd, 2023 @ 7pm

Where: Lee Honors College Lounge

Come join us to hear about scholarships  
information. Snacks will be provided.



Alpha Lambda Delta  
Scholarship Opportunity

## Graduate Fellowships

Scholarship geared for members pursuing  
full-time graduate study in Fall 2023  
and Spring 2024.

Eligibility:

- Maintained a 3.5 GPA or higher

Application Requirements:

- Questions & Essays
- Official Transcripts
- 2 Letters of Recommendation (1 from faculty)



**NATIONAL DEADLINE:**  
Wednesday, February 1

Apply directly to ALD HQ

**LEARN MORE AND APPLY ONLINE**  
[www.nationalald.org/fellowships](http://www.nationalald.org/fellowships)

DUE  
2/1



Alpha Lambda Delta  
Scholarship Opportunity

## Stemler Study Abroad Scholarship

Scholarship geared for undergraduate students  
studying abroad in Summer 2023, Fall 2023, or  
Spring 2024. Trip must be for academic credit.

Eligibility:

- Accept membership by March 1, 2023
- Maintained a 3.5 GPA or higher

Application Requirements:

- Questions & Essays
- Transcripts (unofficial or official)
- 1 Letter of Recommendation



**LOCAL DEADLINE:** Wednesday, Feb 15  
National Deadline is March 1

**LEARN MORE AND APPLY ONLINE**  
[www.nationalald.org/ster.iler](http://www.nationalald.org/ster.iler)

DUE  
2/15



**See web for:**

- Application
- Practice Application
- Explainer Videos
- Tips from Reviewers

## JANUARY

Scholarship Info Night

# SPRING GENERAL ASSEMBLY MEETINGS

## MARCH

Updates and Information for  
New Inductees

### HOW STAYING INVOLVED BENEFITS YOU

- Monthly general body meetings have development topics such as career services available on campus
- Opportunity for leadership positions which are great for college school applications
- ... month - can also go on resumes

### HOW TO BECOME PART OF AN HONOR SOCIETY

WMU Alpha Lambda Delta

**General member meeting**  
March 20th, 7pm  
Lee Honors College  
Lounge

Come join us to hear updates  
about our chapter, sign your  
point sheets and upcoming  
volunteer opportunities

**Study night + pizza**  
Monday, April 17th  
at 7pm  
Lee Honors College  
Lounge

Come join us to for the last General  
Member meeting of this school year!  
You can also pick up your cards at  
this time as well.




## APRIL

Final Exam Study Night  
with Pizza



Menchie's fundraiser in partnership with WMU Dance Marathon!


**DO GOOD WITH CHIPOTLE**



CHIPOTLE FUNDRAISER FOR **DANCE MARATHON WMU**  
33% OF EVENT SALES GET DONATED TO THE CAUSE

WEDNESDAY, OCTOBER 26TH | 5-9PM  
5363B W MAIN ST, KALAMAZOO, MI, 49009

ORDER ONLINE FOR PICKUP USING CODE EBF4XPN OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the

**SNACK DRIVE**



Northeastern Elementary is a Kalamazoo school with a high population of underserved students. WMU interns noticed that teachers often buy snacks with their own funds and are looking to bless the teachers with the gift of snacks for their classroom. All proceeds from this drive will go directly to students in need.



# SPRING SERVICE EVENTS

# LEADERSHIP

## CONFERENCE

Our president and VP travelled and spoke with other chapters from across the country!







# ALD TUESDAYS ON OUR INSTAGRAM: @WMU\_ALD

Members are able to submit a photo in their ALD merch to earn 1 bonus point per semester!



# MEMBER OF THE MONTH

A new feature on our Instagram was implemented this year to have a spotlight on a member that has gone above and beyond in the community and their involvement with ALD. Our first member of the month was Madeline!

Madeline is a Biology and General Psychology double major with plans to pursue a Masters in Genetic Counseling. Her favorite part about ALD is meeting other people who are passionate about making a difference in the community!





# THANKS!

DO YOU HAVE ANY QUESTIONS?

[rso\\_ald@wmich.edu](mailto:rso_ald@wmich.edu)  
[wmualphalambdadelta.org](http://wmualphalambdadelta.org)

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